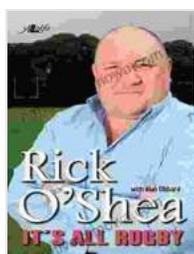


# Rick Shea It All Rugby: The Essential Guide to the Game

Rugby is a sport that is played with an oval ball by two teams of 15 players. The objective of the game is to score more points than the other team by carrying or kicking the ball over the other team's goal line or by kicking the ball through the other team's goalposts.



## Rick O' Shea: It's All Rugby by Alun Gibbard

★★★★☆ 4.6 out of 5

Language : English  
File size : 6003 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 178 pages  
Lending : Enabled



Rugby is a physically demanding sport that requires strength, speed, and agility. It is a game that is played all over the world and is one of the most popular sports in many countries.

Rick Shea It All Rugby is the essential guide to the game of rugby. Written by renowned rugby expert Rick Shea, this book covers everything you need to know about the sport, from the basic rules to the advanced techniques.

## What's Inside Rick Shea It All Rugby?

Rick Shea It All Rugby is a comprehensive guide to the game of rugby. The book covers everything from the basic rules to the advanced techniques, making it a valuable resource for both new and experienced fans of the sport.

Here is a list of some of the topics covered in the book:

- The history of rugby
- The basic rules of rugby
- The different positions in rugby
- The different types of rugby
- The basic skills of rugby
- The advanced techniques of rugby
- The strategies of rugby
- The great players of rugby

### **Who Should Read Rick Shea It All Rugby?**

Rick Shea It All Rugby is a must-have for any fan of rugby. Whether you're a new fan or a seasoned player, this book will help you to understand the game better and enjoy it more.

The book is also a great resource for coaches, teachers, and parents who want to learn more about rugby.

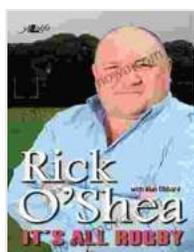
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\* Rick Shea It All Rugby book cover: Rick Shea It All Rugby: The Essential Guide to the Game \* Image of a rugby player: A rugby player in action \* Image of a rugby stadium: A rugby stadium filled with fans

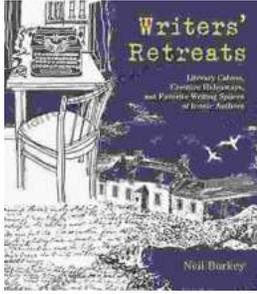


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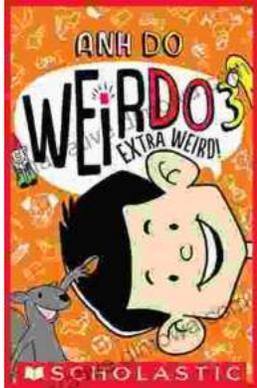
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