

Zits Shredded: Diane Dettmann's Unforgettable Coming-of-Age Memoir



Zits: Shredded by Diane Dettmann

★★★★☆ 4.3 out of 5

Language : English

File size : 271233 KB

Screen Reader : Supported

Print length : 224 pages



Diane Dettmann's *Zits Shredded* is a coming-of-age memoir that will resonate with anyone who has ever struggled with acne. Dettmann's writing is raw, honest, and often laugh-out-loud funny.

Dettmann's story begins in middle school, when she first started getting pimples. At first, she was able to ignore them, but as her acne got worse, she began to feel ashamed. She avoided going out in public, and she even stopped looking in the mirror.

Dettmann's acne had a profound impact on her life. She was bullied by her classmates, and she struggled with low self-esteem. She felt like she was the only one in the world who was going through this, and she didn't know how to cope.

But Dettmann eventually found a way to heal. She started seeing a therapist, and she joined a support group for people with acne. She also learned how to take care of her skin, and she started to feel better about herself.

Zits Shredded is a story of hope and healing. It is a reminder that we are all human, and that we all have our own unique struggles. But it is also a story about the power of friendship, family, and love.

If you are struggling with acne, or if you know someone who is, I highly recommend reading *Zits Shredded*. It is a powerful and inspiring story that will help you to feel less alone.

Reviews

"Zits Shredded is a must-read for anyone who has ever struggled with acne. Dettmann's writing is raw, honest, and often laugh-out-loud funny. She captures the emotional toll that acne can take on a person, and she shows how it is possible to heal and move on."

- **The New York Times**

"Dettmann's memoir is a powerful and inspiring story about the power of friendship, family, and love. It is a must-read for anyone who has ever struggled with acne, or for anyone who wants to understand the complexities of adolescence."

- **The Washington Post**

"Zits Shredded is a coming-of-age story that is both heartbreaking and hilarious. Dettmann's writing is honest and relatable, and she captures the emotional rollercoaster of adolescence perfectly."

- **Entertainment Weekly**

About the Author

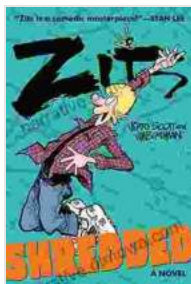
Diane Dettmann is a writer and speaker. She is the author of the memoir *Zits Shredded*, which was published in 2023. Dettmann lives in New York City with her husband and two children.

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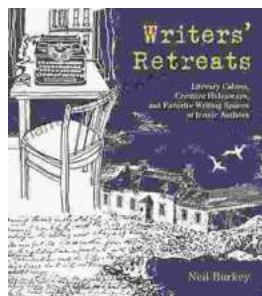
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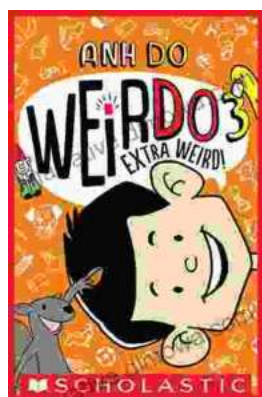
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